

**Plano Independent School District
School Health Advisory Council
Regular Meeting Minutes
Wednesday, October 12, 2022**

A meeting of the Plano Independent School District School Health Advisory Council was held Wednesday, October 12, 2022 in the Administration Building Board Room. The following members were present: Co-Chair Jennifer Galvan; Co-Chair Jed Reed; Mike Bronsky; Dr. Pamela More; Colleen Tiller; Alpa Arora; Chris Kerr; Lisa Smith; Janet Howell; Laura Zimmer; Molly Pipak and Staci Antelo (staff liaisons).

I. Welcome

The audio recording of this meeting began at 4:00pm. Members introduced themselves, and meeting norms were reviewed.

II. Call to Order

Co-Chair Jennifer Galvan officially called the meeting to order at 4:12pm.

III. Meeting Minutes

A motion was made by committee member Mike Bronsky and seconded by committee member Colleen Tiller to approve the meeting minutes from April 19, 2022 as presented. The motion passed by a vote of 9-0, with committee member Chris Kerr abstaining.

IV. Agenda

A. Department Updates

- i. FANS (Food and Nutritional Services) – Meredith Bolin, FANS Marketing Specialist, reported
- ii. Physical Education and Health updates- Molly Pipak, K-12 Health and PE Coordinator, reported
- iii. Counseling and Guidance- Laura Zimmer- Coordinator for Guidance and Counseling Services, reported
- iv. Health Services- Staci Antelo, Director of District Health Services, reported

B. Information Only Items

- i. High School Health CPR- Molly Pipak presented

Information was shared regarding the current partnership with Plano Fire Department in providing CPR instruction to high school health students, which is included in the Texas Essential Knowledge and Skills (TEKS) for Health Education. Future work for SHAC includes making recommendations for future community partnerships related to different areas of health education.

- ii. Counseling Services Curriculum- Laura Zimmer presented

Information was shared regarding the K-12 counseling curriculum, including an outline of the core curriculum, template of lessons that are presented to elementary and secondary students, and a handout of classroom and group mindsets and behaviors action plan for this school year. Members were provided a feedback form to submit comments, questions, or recommendations for Tier 1 curriculum content or implementation.

iii. Wellness Sub-committee- Jennifer Galvan presented

Information was shared regarding the SHAC wellness subcommittee. This subcommittee will be discussing several possible wellness project recommendations to bring back to the full SHAC committee for discussion and possible action. Wellness subcommittee meetings will be held separate from regularly scheduled SHAC meetings.

V. Adjournment

With no further agenda items nor any objections, the meeting was adjourned at 5:13pm. The next SHAC meeting will be held virtually on Monday, December 12, 2022.